



AESTHETIC MEDICINE / COSMETOLOGY COURSE FOR DERMATOLOGISTS

Eligibility: DVD, DDVL, MD Dermatology

CURRICULUM

Modules 1

Skin Anatomy &Physiology Common Aesthetic Skin conditions Skin conditioning

- Indications And Contraindications
- Side Effects
- Results
- Skin Regimen

Chemical peeling and Microdermabrasion

- Indication & Client selection
- Post Procedure Care

Acne/Pigmentation and Management

- Contraindications
- Peeling Chemistry
- Complications
- Glycolic Peel
- Salicylic Peel
- Retinol Peel
- Designer Peel
- Blackpeel
- TCA Peel
- Microdermabrasion
- Jetpeel
- Hydra Infusion

Introduction to Physics of LASER

- Recent Advancement of Laser in AM
- Types of Lasers
- Laser Safety
- Indications And Contraindications

Laser Hair Removal

Post Procedure Care

Skin Brightening

- Skin Brightening : Q-switched Nd:YAG Lasers
- Glutathione

Scar Management

- Scar Lasers-MNRF/Ipixel/Erbium YAG/Fractional Co2
- Subcision
- PRP (Skin)
- Post Procedure Care

Skin Tightening

- RF- Multipolar RF
- RF- Monopolar RF

Advanced Skin Tightening

- HIFU
- Ultherapy

Hair

- Indications & Client Selection
- Contraindications
- Complications
- PRP (Hair)
- Low level Therapy
- DR+Growth Factor
- Post Procedure Care

Botox

- Anatomy of Lines and Wrinkles
- Introduction to Botox
- Mechanism of Action
- Formulations, Reconstructions, and Storage
- Indications and Contraindications
- Client Selection & Injection Techniques
- · Live demonstration and Hands-on
- Post Procedure Care

Fillers

- Introduction to Fillers
- Types of Fillers (Dermal and Hydra)
- Indications And Contraindications
- · Client and Prodcut selection
- · Live Demonstration and Hands-on
- Post Procedure Care

Advanced Spot Reduction

Cryolipolysis

- Pharmacology
- Critiria to Select/Prescribe Medication

Modules 2

Consult Skills

How to Consult

Communication and Soft Skills

- Grooming
- Hygiene
- Client Handling and Softskills
- Emergency Situation Handling

Office Management

- Aesthetic Clinic Framework and Management **Observership**
- Live Clinic Visits

- Aesthetic Medicine / Cosmetology Course for Dermatologists
- Aesthetic Medicine / Cosmetology Course for Cosmetologists
- Basic & Advance Course for Medical Aesthetic Nurses
- Basic & Advance Course for Medical Aesthetician









AESTHETIC MEDICINE / COSMETOLOGY COURSE FOR COSMETOLOGISTS

Eligibility: MBBS, BHMS, BAMS, BDS, MDS

CURRICULUM

Modules 1

Skin Anatomy &Physiology Common Aesthetic Skin conditions Skin conditioning

- Indications And Contraindications
- Side Effects
- Results
- Skin Regimen

Chemical peeling and Microdermabrasion

- Indication & Client selection
- Post Procedure Care

Acne/Pigmentation and Management

- Contraindications
- Peeling Chemistry
- Complications
- Glycolic Peel
- Salicylic Peel
- Retinol Peel
- Designer Peel
- Blackpeel
- TCA Peel
- Microdermabrasion
- Jetpeel
- Hydra Infusion

Introduction to Physics of LASER

- Recent Advancement of Laser in AM
- Types of Lasers
- Laser Safety
- Indications And Contraindications

Laser Hair Removal

Post Procedure Care

Skin Brightening

- Skin Brightening : Q-switched Nd:YAG Lasers
- Glutathione

Scar Management

- Scar Lasers-MNRF/Ipixel/Erbium YAG/Fractional Co2
- Subcision
- PRP (Skin)
- Post Procedure Care

Skin Tightening

- RF- Multipolar RF
- RF- Monopolar RF

Advanced Skin Tightening

- HIFU
- Ultherapy

Hair

- Indications & Client Selection
- Contraindications
- Complications
- PRP (Hair)
- Low level Therapy
- DR+Growth Factor
- Post Procedure Care

Botox

- Anatomy of Lines and Wrinkles
- Introduction to Botox
- Mechanism of Action
- Formulations, Reconstructions, and Storage
- Indications and Contraindications
- Client Selection & Injection Techniques
- Live demonstration
- Post Procedure Care

Fillers

- Introduction to Fillers
- Types of Fillers (Dermal and Hydra)
- Indications And Contraindications
- Client and Prodcut selection
- Live Demonstration
- Post Procedure Care

Advanced Spot Reduction

Cryolipolysis

Pharmacology

Critiria to Select/Prescribe Medication

Modules 2

Consult Skills

How to Consult

Communication and Soft Skills

- Grooming
- Hygiene
- Client Handling and Softskills
- Emergency Situation Handling

Office Management

- Aesthetic Clinic Framework and Management **Observership**
- Live Clinic Visits

- Aesthetic Medicine / Cosmetology Course for Dermatologists
- Aesthetic Medicine / Cosmetology Course for Cosmetologists
- Basic & Advance Course for Medical Aesthetic Nurses
- Basic & Advance Course for Medical Aesthetician









BASIC & ADVANCE COURSE FOR MEDICAL AESTHETIC NURSES

Eligibility: Nurses

CURRICULUM

Aesthetic Medicine Course Eligibility: Nurses 25 Days Course

Basic

Modules 1

Skin Anatomy &Physiology Common Aesthetic Skin Conditions Skin Conditioning

- Indications And Contraindications
- Side Effects
- Results

Chemical peeling and Microdermabrasion

- Indications and Contraindications
- Peeling Chemistry
- Complications
- Glycolic Peel
- Salicylic Peel
- Retinol Peel
- Designer Peel
- Blackpeel
- TCA Peel

- Microdermabrasion
- Jetpeel
- Hydra Infusion
- High Frequency/ Galvanic
- Ultrasound
- Post Procedure Care

Hair &Skin PRP

Modules 2

Finishing School

Grooming

Communication and Soft Skills

- Hygiene
- Client Handling and Softskill
- Emergency situation handling

Observership

Live Clinic Visits

Advanced

Modules 1

Introduction to Physics of Laser

• Types of Lasers

LHR Laser Safety

- Indications And Contraindications
- Post Procedure Care

Skin Tightening - RF

- RF- Multipolar RF
- RF- Monopolar RF
- Assisting Doctors for Lasers
- Assisting the Docotrs for PRPs
- Botox and Fillers Assisting
- Post Procedure Care

Modules 2 Finishing School

Grooming

Communication and Soft Skills

- Hygiene
- Client Handling and Soft-skills
- Emergency Situation Handling

Observership

Live Clinic Visits

- Aesthetic Medicine / Cosmetology Course for Dermatologists
- Aesthetic Medicine / Cosmetology Course for Cosmetologists
- Basic & Advance Course for Medical Aesthetic Nurses
- Basic & Advance Course for Medical Aesthetician







BASIC & ADVANCE COURSE FOR MEDICAL AESTHETICIAN

Eligibility: 10, PUC

CURRICULUM

Aesthetic Medicine Course Eligibility: 10, PUC 25 Days Course

Basic

Modules 1

Skin Anatomy &Physiology Common Aesthetic Skin Conditions Skin Conditioning

- Indications And Contraindications
- Side Effects
- Results

Chemical peeling and Microdermabrasion

- Indications and Contraindications
- Peeling Chemistry
- Complications
- Glycolic Peel
- Salicylic Peel
- Retinol Peel
- Designer Peel
- Blackpeel
- TCA Peel

- Microdermabrasion
- Jetpeel
- Hydra Infusion
- High Frequency/ Galvanic
- Ultrasound
- Post Procedure Care

Modules 2

- **Finishing School**
- Grooming

Communication and Soft Skills

- Hygiene
- Client Handling and Softskill
- Emergency situation handling

Observership

Live Clinic Visits

Advanced

Modules 1

Introduction to Physics of Laser

• Types of Lasers

LHR Laser Safety

- Indications And Contraindications
- Post Procedure Care

Skin Tightening - RF

- RF- Multipolar RF
- RF- Monopolar RF

Modules 2

Finishing School

Grooming

Communication and Soft Skills

- Hygiene
- · Client Handling and Soft-skills
- Emergency Situation Handling

Observership

Live Clinic Visits

- Aesthetic Medicine / Cosmetology Course for Dermatologists
- Aesthetic Medicine / Cosmetology Course for Cosmetologists
- Basic & Advance Course for Medical Aesthetic Nurses
- Basic & Advance Course for Medical Aesthetician



